

CEDA diabetes

Zentraleuropäische Diabetesgesellschaft
Central European Diabetes Association
Föderation der Internationalen Donau-Symposia über Diabetes mellitus
Federation of International Danube-Symposia on Diabetes mellitus

Congress of the Central European Diabetes Association, June 23–25, 2022, Vienna, Austria: Vienna was definitely worth a visit!



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The highly successful face-2-face congress brings diabetologists from 27 countries to Vienna.

Close to 300 participants attended the top quality scientific program of this year's CEDA Congress held in the Austria Trend Hotel Savoyen, a renowned congress hotel close to the famous Castle Belvedere and the inner city. The scientific committee including Prof. Tadej Battelino (Ljubljana, SLO), Prof. Erifili Hatziagelaki (Athens, GR), Prof. Christian Herder (Duesseldorf, DE); Prof. Peter Kempler (Budapest, HU); Prof. Nebojsa Lalic (Belgrade, RS) and Prof. Michael Roden (Duesseldorf, DE) supported the local organizers Dr. Slobodan Peric (Head Organizing Committee, Vienna, AT) and the author (Congress President) to compile a comprehensive Program with a faculty from 16 countries.

Patient care and science: two pillars of diabetology

The slogan of this year's CEDA congress "Challenges – Research – Management" already pointed to the two pillars of diabetology, namely patient care and science. Prof. Michael Binder, Representative of the Mayor of the City of Vi-

enna and Chief Medical Officer of the Vienna Health Care Group comprising the seven large municipal hospitals, emphasized the public health dimension of diabetes mellitus.

He was followed by Prof. Markus Mueller, Rector of the Medical University of Vienna, representing the science of diabetology.

The first keynote lecture given by Prof. Michael Roden („Precision diabetes medicine based on individualized subtyping“) discussed phenotypic differences of subjects with diabetes, which will undoubtedly promote further individualization in diabetes management.

Exciting keynotes and lectures on technology and therapy

A high-profile technology session comprised lectures with Dr. Ingrid Schuetz-Fuhrmann (Vienna, AT) about „DIY – Do It Yourself Looping“, Prof. Christoph de Block (Antwerp, BE) about „long-term implantable sensors“, Prof. Tadej Battelino about „CGM in type 2 diabetes, a therapy-intensifying tool“ and Prof. Moshe Phillip (Petah Tikva,

IL) about „Artificial intelligence advisors/clinical decision support“.

The session „Diabetes and cardiovascular disease“ also addressed type-1-diabetes (Prof. Tomasz Klupa, Krakow, PL). Prof. Maciej Banach (Lodz, PL), Founder and President of the International Lipid Expert Panels ILEP, talked about „Upcoming Treatments for Diabetic Dyslipidemia“ and Prof. Clemens von Schacky (Munich, DE) answered the compelling question „Are omega-3 fatty acids still effective?“ based upon current evidence with a clear „yes“.

The Session „Diabetes and the heart“ discussed issues such as diagnosis and risks of heart failure in diabetes (Prof. Martin Clodi, President of the Austrian Diabetes Society, Linz, AT), positive and negative impact of antidiabetic drugs on heart failure (Prof. Eberhard Standl, Munich, DE) and the treatment of different forms of heart failure from a cardiologist's point of view (Prof. Diana Bonderman, Vienna, AT).

Diabetic neuropathy is a research focus of Prof. Peter Kempler, the new CEDA president, who chaired the corresponding session together with Prof. Ilze Konrade (Riga, LV). New management guidelines were presented by Prof. Dan Ziegler (Duesseldorf, DE). Two lectures were given on autonomic neuropathy which is often not appropriately considered in clinical routine.

CEDA Abstract Awards

Authors of the twenty best abstracts had the opportunity to „pitch“ their abstracts in two-minutes-talks in an ex-

citing Rapid Fire Session. In addition to scientific quality, the quality of the presentation was taken into consideration in order to select the best five abstracts for the CEDA Abstract Awards. The diplomas were handed over to the awardees together with EUR 500 in cash during the CEDA Network Evening on Friday.

Novel approaches and „Pro & Con“ debates

„Novel Approaches to diabetes treatment“ included lectures on „Anti-inflammatory treatments to prevent diabetes complications“ (Prof. Christian Herder), „Developing strategies against diabetic foot ulcerations“ (Dr. Tsvetalina Tankova, Sofia, BG), „Biomarkers for improved diabetes classification“ (Dr. Patricia Zaharia, Duesseldorf, DE) and „Novel insulin analogues“ (Prof. Eri-fili Hatzigelaki). The important issue of diabetes prevention was addressed

in an own session discussing the microbiome (Prof. Anca Stoian, Bucharest, RO), sports (Prof. Othmar Moser, Bayreuth, DE), bariatric surgery (Dr. Sofiya Gancheva, Duesseldorf, DE) and drugs to prevent type-1-diabetes (Prof. Nanette Schloot, Bad Homburg, DE).

The second keynote lecture was given by Prof. Robert Wagner (Duesseldorf, DE), who provided a stimulating outlook into the future of incretin-based therapies. As one of the „Big questions in diabetes medicine“ Prof. Manfredi Rizzo (Palermo, IT) under the title „A novel syndemic approach to cardiometabolic disease during COVID-19-era“ presented the aims of the CAPISCO expert panel.

Scientifically top and entertaining at the same moment were the „Pro & Con“ debates about „SGBM is out of date“, „RCT rather than RWE is relevant for clinical practice“ as well as „Anti-obesity drugs rather than bariatric surgery to be used for weight loss“. In addition

to the comprehensive scientific program, a number of industry symposia with renowned international speakers provided further insights.

The CEDA 2022 Congress provided numerous opportunities to network with international experts during the breaks and at the evening celebrations. Accordingly, the feedback was highly positive.

Hence save the date for the next CEDA Congress which will take place in Bucharest, RO, in June 8-10, 2023. Hope to see you there (again)!

*Prof. Dr. Thomas Stulnig (Vienna, AT)
CEDA Past-President*