

Report on the 13th Congress of the Central European Diabetes Association/ 33rd International Danube Symposium, Kraków, Poland



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On June 14-16 the 13th Congress of the Central European Diabetes Association (CEDA)/33rd International Danube Symposium was held in Krakow, Poland (www.donau2018.jordan.pl).

The Donau Symposium opening address was given by Professor Tomasz Klupa, congress president, followed by Professor Roger Lehmann, president of the Danube Symposia, Professor Maciej T. Malecki, the dean of the faculty of medicine, Jagiellonian university, and the president of Diabetes Poland. The opening ceremony was concluded by Professor Jacek Sieradzki, the president of the previous Donau Symposium held in Krakow.

During the next three days, twenty-three outstanding plenary lectures were delivered. The Donau Symposium faculty represented more than ten European countries. Of note, faculty included several presidents of national diabetes associations.

The scientific sessions during the 13th CEDA/33rd International Danube Symposium included the following topics:

- The future face of diabetes care – beta-cell replacement vs. technology (lecturers: B. Gehr, O. Cohen,

D. Zozulińska-Ziółkiewicz, R. Lehmann)

- Inflammation and insulin resistance: from basic studies to the medical care (M. Roden, T. Stulnig, B. Kiec-Wilk, J. Gumprecht)
- Molecular biology in diabetes: from bench to bedside (M. Malecki, D. Gasperikova, P. Wolkow, J. Skupien)
- Cardiovascular complications of diabetes (L. Czupryniak, P. Jankowski, E. Hatziagelaki)
- Beta cell failure in diabetes: mechanisms, consequences (M. Cnop, A. Novials)
- The future of diabetes treatment and prevention (L. Danilova, M. Nauck, T. Klupa)
- Brain and nerves in diabetes (B. Manovsky, N. Lalic, P. Kempler)



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The scientific sessions were accompanied by “Meet the Expert” and industry sessions.

The novel session formula was applied to a “no tie session” during which three short movies concerning social/sport events dedicated to individuals with type 1 diabetes were presented (NovoNordisk Team in Tour de Pologne, first Polish football championship for children and adolescents with type 1 diabetes, and the story how the summit of Mount Damāvand [5 670 m] was safely reached by 18 Polish patients with type 1 diabetes).

The symposium also hosted 29 original poster presentations. Young scientists presenting their scientific achievements were underlining the unique atmosphere of the poster sessions allowing a friendly and open interaction with faculty members. Three young scientists were awarded with a poster prize.

To conclude, the Donau Symposia are a perfect educational platform for both medical doctors and scientists working in the field of diabetes. They also offer a unique opportunity for young researchers to present their first scientific work in a supportive atmosphere.

The conference report will also be published in *Clinical Diabetology*, the journal of Diabetes Poland (https://journals.viamedica.pl/clinical_diabetology/index).

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